

REVIEWS

"Dr. Palfy re-focuses the conversation around sexual abuse to shine a light on what is often an unreported, yet all too frequent occurrence in the lives of many. Men Too breaks the culture of silence and discusses the issues head on. For anyone struggling with the impact of sexual abuse, I encourage you to read this book."

- DWAYNE MCDONALD
ASSISTANT COMMISSIONER, RCMP

"Men Too delves deeply into the unique experience of men who have suffered sexual abuse. Dr. Palfy has given voice to those survivors – the men she interviewed, and the many more men who remain silenced by the enduring stigma of male sexual victimization. Dr. Palfy's book also discusses how a victim's spirituality can easily be affected by abuse, an important and prominent issue. Her book is both a valuable learning tool and a powerful testament."

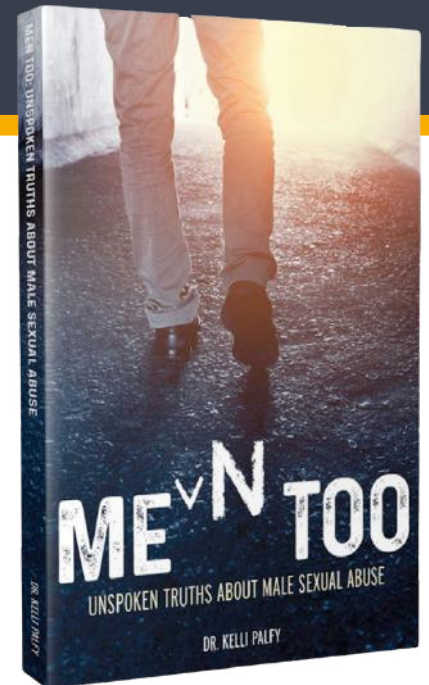
- DR. DAVID LISAK
FORENSIC CONSULTANT
BOARD CHAIR IIN6.ORG

"Dr. Palfy does an excellent job casting a light in the dark area of crimes against children. Not only does she give these brave men a voice, but does a skilled job of explaining their conditions, and the challenges they face after the abuse. This book will no doubt be of value to the men who are waiting to come forward. Dr. Palfy has given male survivors hope by giving them a voice."

- SGT. ARNOLD GUERIN
TECH. AND INNOVATION SECTION
NATIONAL CHILD EXPLOITATION
CRIME CENTRE

ABOUT THE BOOK

MEN TOO: UNSPOKEN TRUTHS ABOUT MALE SEXUAL ABUSE is for male survivors and their supporters. It is an educational, heart-wrenching look at 13 male sexual abuse victims experience, written from the perspective of a retired police officer and registered psychologist.



TITLE: Men Too: Unspoken Truths About Male Sexual Abuse

PUBLISHER: Peaks and Valleys Publishing

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Male sexual abuse occurs far more commonly than previously suspected, yet too few victims ever seek support. Countless remain silent. They cope through avoidance, isolation, substance abuse, hyper-masculinity, etc.

Using the narrative accounts in this book, Dr. Palfy offers healing for male victims through insight and support.

Conversations about male sexual abuse *need* to increase. **Men Too** highlights the complex and unique barriers boys and men face during and after abuse and helps to put them on the road to recovery.

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ABOUT THE AUTHOR

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Dr. Kelli Palfy began her professional career working in adult and youth corrections. During that time, she noticed that there were a disproportionate number of males in the system.

In 1996, she became an RCMP (Royal Canadian Mounted Police) officer and took an interest in investigating sex crimes. She later went on to specialize in sex crimes committed against children internationally, completing all the training needed to become a subject matter expert for the Integrated Child Exploitation (ICE) unit in British Columbia. Here, as she combed through video evidence, she witnessed first-hand the grooming tactics commonly used by sophisticated pedophiles.

After retiring from the RCMP, Dr. Palfy obtained her Ph.D. in Counseling Psychology from the University of Alberta. She conducted her doctoral research on the reasons why males don't commonly disclose sexual abuse. She is now a trained trauma therapist and public speaker on the topic of male sexual abuse. Dr. Palfy currently runs a small private practice where she works with male survivors of abuse, first responders and couples using Emotion-Focused and Cognitive Behavioral Approach, plus Eye Movement Desensitization and Reprocessing (EMDR). Outside of her professional life she enjoys hiking, cycling, swimming, kayaking, paddle boarding, spending time with friends and her pets. Visit Dr. Palfy at <http://kellipalfy.com/>

"My hope is that through reading the detailed stories shared in this book, other boys and men will gain a better understanding of what abuse looks like, come to recognize themselves as victims and begin to heal and recover. This book is not designed to replace therapy but to supplement healing and inspire men to seek and accept professional help."

~ Dr. Kelli Palfy